

Extreme DanceSport Invitational 2026

Individual and Solos Tentative Block Schedule

Saturday, Dec 5th

Session A

Junior High Syllabus Ballroom (W)
Youth Pre-Champ Ballroom (W/T/QS)
High School Syllabus Ballroom (QS)
Junior 1 & 2 Champ Ballroom (W/T/V/F/QS)
Awards

Session B

Elementary Syllabus Ballroom (W)
Youth Champ Ballroom (W/T/V/F/QS)
Junior 1& 2 Pre-Champ Ballroom (W/T/QS)
Pre-Teen Champ Ballroom (W/T/V/F/QS)
Awards

Session C (split floor)

Pee Wee Bonus Rhythm (Sw)
Elementary Bonus Rhythm (Sw)
Extreme Only Gold Tech (R)
Junior High Bonus Rhythm (CC)
High School Bonus Rhythm (CC)
Jack and Jill All-On Swing Event
Awards

Session D

Youth Pre-Champ Smooth (W/T/F)
Junior High Syllabus American (T)
Elementary Syllabus American (T)
Junior 1 & 2 Champ Smooth (W/T/F/VW)
Awards

Session E

Youth Champ Smooth (W/T/F/VW)
High School American (T)
Elementary Newcomer Rhythm (CC)
Pee Wee Syllabus Latin (CC)
Junior 1 & 2 Pre-Champ Smooth (W/T/F)
Awards

Session F

Elementary Solo Ladies (S)
High School Solo Ladies (S)
Junior High Solo Ladies (S)
Elementary Solo Ladies (Sw)
High School Solo Ladies (Sw)
Junior High Solo Ladies (Sw)
Youth Champ Rhythm (C/R/S/B/M)
Junior 1 & 2 Champ Rhythm (C/R/S/B/M)
Awards

Session G

Youth Pre-Champ Latin (CC/S/R)
Junior High Syllabus Latin (S)
Elementary Syllabus Latin (S)
Junior 1 & 2 Champ Latin (CC/S/R/PD/J)
Awards

Session H

Youth Champ Latin (CC/S/R/PD/J)
Pre-Teen Champ Latin (CC/S/R/PD/J)
High School Syllabus Latin (R)
Junior 1 & 2 Pre-Champ Latin (CC/S/R)
Awards

Session I

Cabaret
Junior/Youth Open Solo Ladies Pre-Champ Latin (CC/S/R)
West Coast Swing- Youth & Adults (open to all!)
Awards